

The Lost Anchor

Salads

- ✔ GF **AUTHENTIC GREEK SALAD** 13
 CUCUMBER, RED ONION, CHERRY TOMATO, FETA CHEESE
 KALAMATA OLIVES & RED WINE VINAIGRETTE
- ✔ GF **CAESAR SALAD** 12
 CRISPY ROMAINE HEARTS, BACON BITS, ASIAGO, CROUTONS
 & CREAMY BUTTERMILK CAESAR DRESSING
- ✔ GF **SPINACH SALAD** 12
 SPINACH, STRAWBERRY, FETA, DEHYDRATED APPLE,
 CANDIED PECANS & RASPBERRY VINAIGRETTE
 Add Chicken 5

Starters

- HAND BREADED SCALLOPS** 16
 HAND BREADED SCALLOPS WITH CURED LEMON TARTAR
- GF **PEI MUSSELS** 13
 FRESH PEI MUSSELS, SCALLIONS, TOMATO, FRESH HERBS,
 CREAMY WHITE WINE SAUCE & GARLIC BREAD
- GF **SEAFOOD CHOWDER** 14
 CELERIAC, LEEK, ONION, POTATO, MUSSELS, LOBSTER,
 HADDOCK, AND POTATO IN BUTTER CREAM BROTH
- LEMON CAPER CRAB CAKES** 14
 3 CRAB CAKES, CORN RELISH & RED PEPPER MARMALADE
- BREADED WINGS** 16
 ONE POUND OF WINGS & CHOICE OF SAUCE,
 HOT, BBQ OR HONEY GARLIC
- ✔ **ROASTED RED PEPPER & ARTICHOKE DIP** 13
 HOUSE MADE DIP, NAAN BREAD

GF Gluten Friendly ✔ Vegetarian Option

Mains

- CAPTAINS BURGER** 16
 TWO 4 OZ BEEF PATTIES, HAVARTI, LETTUCE TOMATO,
 SRIRACHA COMEBACK SAUCE, PICKLED RED ONION ON
 A TOASTED BRIOCHE BUN, SERVED WITH HAND CUT FRIES
 - SOUTHERN STYLE FRIED CHICKEN SANDWICH** 16
 BUTTERMILK FRIED CHICKEN, LETTUCE, TOMATO &
 CHIPOTLE MAYO ON A POTATO SCALLION BUN, SERVED WITH
 HAND CUT FRIES
 - FISH & CHIPS** 17
 2 PIECES OF FRESH BATTERED FISH,
 HAND CUT FRIES & HOUSE MADE TARTAR
 - FISH TACOS** 15
 BREADED HADDOCK, LETTUCE, TOMATO, SCALLIONS,
 SPICY SLAW & SWEET TAMARIND SAUCE, SERVED WITH
 HAND CUT FRIES
 - ✔ GF **BURRITO BOWL** 14
 CORN, LETTUCE, TOMATO, BEANS, GREEN ONION,
 SPICY MAYO & GUACAMOLE ON TOP OF STEAMED OF RICE
 Add Chicken or Korean Beef 5
 - GF **BLACKENED HALIBUT** 29
 CAJUN STYLE BLACKENED HALIBUT, MASHED POTATO,
 ROASTED CORN RELISH, CARROT PUREE & BÉARNAISE
 - GF **STEAK MEDALLION** 29
 6 OZ FILLET MIGNON, POTATO PAVÉ, ROASTED VEG,
 CHIMICHURRI & BALSAMIC REDUCTION
- ## Lobster
- GF **LOBSTER FEAST** Market Price
 CHILLED LOBSTER, POTATO SALAD, COLESLAW & BUTTER
 Add Chowder & Mussels \$5 each
 - LOBSTER GRILLED CHEESE** 23
 LOBSTER, MILD CHILI BUTTER, PROVOLONE, MASCARPONE,
 GREEN ONION, TOMATO, FRESH HERBS ON SOUR DOUGH
 PANINI, SERVED WITH HAND CUT FRIES
 - LOBSTER ROLL SLIDERS** 20
 LOBSTER, MAYO, SHREDDED LETTUCE, FRESH HERBS,
 CELERY, RED ONION, ON A TOASTED HOT DOG SLIDERS
 & POTATO SALAD
 - LOBSTER GNOCCHI** 24
 GNOCCHI, BROKEN LOBSTER, SCALLIONS,
 FRESH HERBS & CREAM SAUCE
 - GF **SEAFOOD MEDLEY ON RISOTTO** 26
 LOBSTER, SCALLOPS, MUSSELS, AND HALIBUT ON
 A CREAMY RISOTTO
 Substitute for salad & sweet potato fries 3